

When you want to express your opinion

As far as I can tell...	I would say...
As far as I'm concerned...	I consider...
The way I see things is that...	To me...
It seems to me that...	I feel...
From my point of view...	In my opinion...
It is my view...	It's my belief that...
If you ask me...	I honestly believe that...
I believe...	In my point of view...

Most common filler words

Well	You see
Um/er/uh	You know
Hmm	I mean
Like	Okay
Actually	Right
Basically	Believe me
Seriously	I guess

Instead of BUT, you can use

On the other hand	Though
Nevertheless	Alternatively
On the contrary	Still
Although	Otherwise
However	Yet